

Taking care to the next level

Methodist Mansfield Medical Center opened its new \$118 million patient care Tower Two and the new Amon G. Carter Foundation Heart and Vascular Center on Dec. 17, adding 86 patient rooms, four operating rooms, four GI suites, additional amenities, and enhanced women's and emergency services.

Our expansion of services in 2015 didn't stop with the new tower, however. We also:

- Performed our first Abiomed Impella® 2.5 System implant. Led by interventional cardiologists Arash Manzori, DO, FACC, and Tapan Jani, DO, on the Methodist Mansfield medical staff, our cardiac team implanted the catheter-based heart pump in August. Considered the smallest heart pump in the world, the ventricular implanted device provides temporary support for patients who are experiencing advanced cardiac failure while recovering from a heart attack.



Methodist Mansfield's new patient care Tower Two opened in December, adding 86 spacious private patient rooms.

- Expanded robotic da Vinci® Surgical System surgical procedures to include Single-Site™ total hysterectomy. With da Vinci, surgeons have performed hundreds of procedures, including Single-Site gallbladder removal and hernia repairs, with enhanced vision, precision, dexterity, and control.
- Expanded cardiology services with the addition of electrophysiology. This service complements Methodist

Mansfield's reputation for fast heart attack treatment times and its open heart surgery program.

- Expanded outpatient physical therapy by opening the Methodist Mansfield Greater Therapy Center in Arlington.

Learn more about the services offered at Methodist Mansfield at MethodistHealthSystem.org/Mansfield.



MAKING IT POSSIBLE

Methodist Health System Foundation was instrumental in the success of Methodist Mansfield Medical Center in 2015, raising almost \$1.2 million toward the construction of the new patient care Tower Two.

At a patron party on Nov. 6, the Foundation announced that Tower Two's Community Room had been named after Methodist Mansfield Advisory Board Chairman Randall Canedy. The surprise event included the donors who gave to the Tower Two Capital Campaign in Canedy's honor.

The Foundation also honored Jack Lowe Jr. last year as the 2015 Robert S. Folsom Leadership Award recipient. A fundraiser dinner in his honor raised \$1.3 million for two programs at the Methodist Dallas Medical Center Golden Cross Academic Clinic.

Randall Canedy, chairman of the Methodist Mansfield Advisory Board and member of the Methodist Health System board of trustees, here with his wife, Linda, was surprised to learn that donors had the new patient care Tower Two community room named in his honor.

MAKING REHAB CARE MORE CONVENIENT

Methodist Mansfield Medical Center opened the Texas Rehabilitation Hospital of Arlington in partnership with Texas Health Resources and Kindred in 2015. The hospital cares for patients requiring inpatient rehabilitation after a stroke, complex orthopedic injury, or serious illness.

John Phillips, FACHE, Methodist Mansfield president, serves on the board of directors for the facility.

WE PROUDLY SUPPORT THESE LOCAL CHAMBERS OF COMMERCE

- Arlington Chamber of Commerce
- Cedar Hill Chamber of Commerce
- Dallas Black Chamber of Commerce
- Grand Prairie Chamber of Commerce
- Greater Dallas Chamber of Commerce
- Greater Dallas Hispanic Chamber of Commerce
- Mansfield Area Chamber of Commerce
- Midlothian Chamber of Commerce

METHODIST MANSFIELD MEDICAL CENTER ADVISORY BOARD

Back row, from left: Tom Cox; Michael Van Amburgh; Bob Brown; Marti VanRavenswaay-Waddell; Jim McCally; Jim Swafford; Methodist Mansfield President John Phillips, FACHE; Chairman Randall Canedy; Pam Rudnicki; Bill Coppola, PhD; Kim McCaslin-Shlieker; and the Rev. Michael Evans; not pictured: Clayton Chandler; Ken Pritchett; the Rev. Mike Ramsdell; Jim Vaszauskas, EdD; and Stephen Foster, DO.



NUMBERS TO KNOW



8,738 The number of people Methodist Health System employed throughout the Metroplex in 2015.

200 The number of additional jobs created by the patient care Tower Two expansion at Methodist Mansfield.

1,240

The number of people employed by Methodist Mansfield Medical Center in 2015, making the hospital one of the largest employers in southeastern Tarrant County.

\$109.2 million

How much Methodist Health System provided in unreimbursed charity care in fiscal year 2015.

\$1.2 billion

Methodist Health System's 2015 economic impact, including from income and benefits provided for our employees.

2017



By this year, Methodist Health System aims to be the healthiest health system in America. Our accolades in 2015 show that we've made significant strides toward this goal:

- Healthiest Employer in North Texas by the *Dallas Business Journal*
- Third place in the Healthiest 100 Workplaces in America®
- Platinum-Level Fit-Friendly Worksite by the American Heart Association for the third year
- Health Champion by the American Diabetes Association.

Stay tuned for more successes from our home stretch in 2016!



2 Methodist Health System is proud to continue its role in the Mayo Clinic Care Network for a second year. To learn more, visit Answers2.org.

12 The number of consecutive years that Methodist Health System has been named among the Best Places to Work by the *Dallas Business Journal*. Methodist was the highest-ranked health system in the extra-large business category and the only health system to place as a finalist for 12 years of the 13-year program. For the fifth year in a row, the health system was also named one of the 150 Great Places to Work in Healthcare by *Becker's Hospital Review*.

Committed to a healthier community

Methodist Health System and Methodist Mansfield Medical Center are improving the health of our community with these initiatives:

- **Medical support for local athletes.** Methodist Mansfield provides echocardiograms, sports physicals, health education, and team physicians for school athletes in the Mansfield and Midlothian ISDs.
- **First-aid medical teams.** Methodist Mansfield provides physicians and nurses for the medical team at the Dragon Boat Races in Grand Prairie and, in partnership with Tarrant County's Susan G. Komen® for the Cure, at the annual Race for the Cure®.
- **Mansfield ISD Wellness Clinic.** Methodist Mansfield partnered with Mansfield ISD to offer a dedicated clinic for school employees.

- **Saturday Mammos.** These events create a comfortable, relaxed atmosphere for women to get their annual mammograms.
- **Alien Invasion Corporate Challenge.** This interactive program challenged corporate teams to increase daily steps and instill healthy habits over a six-week period.

- Grand Prairie, Mansfield, and Midlothian ISDs and education foundations
- Local Rotary and Kiwanis clubs
- Mansfield Cares
- Mansfield Community Prayer Breakfast
- Mansfield Women's Club
- Meredith Hatch Foundation
- Mission Arlington
- National Night Out.

We also support or sponsor these and other community organizations:

- Arlington British Women's Club
- Arlington YMCA
- Ben Barber Career and Technology Academy health and science program
- Big League Dreams Sports Park



1 Hundreds of community members stepped out for heart health at Methodist Mansfield for the second annual Run with Heart event.

2 Methodist Mansfield's Jennifer Price, RN, shows a Mansfield family how to perform CPR at the Mansfield Fire Safety Palooza.

3 With the help of medical professionals such as Joshua Trussell, MD (right), Methodist Mansfield provided sports physicals and echocardiograms to athletes in the Mansfield and Midlothian ISDs.

4 Methodist Mansfield nurses team up to provide education at Grand Prairie's health fair at QuickTrip Park.

HEALTHY EVENTS

Methodist Mansfield Medical Center is committed to creating and supporting events and organizations that improve our communities and inspire people to make changes toward a healthier lifestyle, including:

- American Heart Association Tarrant County Heart Walk
- City health fairs and Lunch and Learn events
- City of Midlothian Chili Cook-Off
- CPR equipment and training
- Mansfield 125
- March of Dimes® March for Babies®
- Methodist Mansfield 5K Mad Dash for Cash
- Multiple community run/walk events, including our own Run with Heart half-marathon, 5K, and 1-mile fun run.





Our cardiac team and leaders celebrate the 500th heart surgery at Methodist Mansfield, which coincidentally took place during American Heart Month in February.



Bill Burton (center) — joined by his wife, Caryn; interventional cardiologist Arash Manzori, DO, FACC; Methodist Mansfield President John Phillips, FACHE; and the hospital's cardiac team — received the hospital's first Abiomed Impella® 2.5 System implant, the world's smallest heart pump.

New center nationally recognized for heart care

Methodist Mansfield Medical Center is proud to serve the community through its new Amon G. Carter Foundation Heart and Vascular Center. Staffed by some of the best cardiac, cardiothoracic, and vascular physicians in Texas, the center provides treatment options for a variety of heart and vascular conditions and treats cardiac emergencies 24 hours a day, 7 days a week.

The Heart and Vascular Center specializes in diagnostic and therapeutic cardiology services, cardiovascular surgery, and electrophysiology procedures. A specialized nurse practitioner guides patients through their care.

You can trust the care you're receiving at the Heart and Vascular

Center. Methodist Mansfield has received multiple accolades for its heart care in the last year:

- Cycle IV Chest Pain Center by the Society of Cardiovascular Patient Care
- 2015 Mission: Lifeline® Silver Receiving Quality Achievement Award for heart attack treatment
- American College of Cardiology Foundation NCDR ACTION Registry®-GWTG™ Silver Performance Achievement Award
- Blue Distinction® Center for Cardiac Care by Blue Cross Blue Shield
- First hospital in North Texas to implant a new Entovis ProMRI® pacemaker approved by the U.S. Food and Drug Administration.

Learn more about the new Amon G. Carter Foundation Heart and Vascular Center at Methodist Mansfield at MethodistHealthSystem.org/Cardiology or MethodistHealthSystem.org/HeartPatientResources.

A nonprofit 501(c)(3) organization, Methodist Health System is affiliated by covenant with the North Texas Conference of the United Methodist Church. To support any of Methodist's vital health care and community programs, call Methodist Health System Foundation at 214-947-4555 or visit Foundation.MethodistHealthSystem.org.

Texas law prohibits hospitals from practicing medicine. The physicians on the Methodist Health System medical staff are independent practitioners who are not employees or agents of Methodist Health System or Methodist Mansfield Medical Center.

SHINING ACHIEVEMENTS

Methodist Health System

- Texas Award for Performance Excellence from the Quality Texas Foundation
- Among the nation's "Most Wired" for the sixth consecutive year based on results from *Hospitals & Health Networks* magazine's Health Care's Most Wired 2015 Survey
- April Box, CFRE, senior vice president of external affairs, named to the *Dallas Business Journal's* Who's Who in Health Care
- Stephen L. Mansfield, PhD, FACHE, president and CEO, Methodist Health System, honored as Outstanding Healthcare Executive in *D Magazine's* Excellence in Healthcare Awards for 2014, Distinguished Business Leader of the Year by the Texas Association of Business, and one of 130 Nonprofit Hospital & Health System CEOs to Know 2015 by *Becker's Hospital Review*
- Seven nurses recognized among DFW Great 100 Nurses

Methodist Mansfield Medical Center

- Recognized for the fourth consecutive year as a *Top Performer on Key Quality Measures®* by The Joint Commission. In 2014, Methodist Mansfield was recognized in the areas of heart attack, heart failure, pneumonia, surgical care, stroke, and perinatal care
- Two Methodist Mansfield nurses recognized as *D Magazine* Excellence in Nursing finalists and another named among the DFW Great 100 Nurses
- Pathway to Excellence® redesignation by the American Nurses Credentialing Center
- American Heart Association Get With The Guidelines®-Stroke Bronze Achievement Award
- Voted Best Maternity Ward and Best Medical Facility in the *Focus Daily News* Reader's Choice Awards and Best Emergency Department and Best Hospital by *Living Magazine*
- 2015 Rex McRae Scholarship recipient from the DFW Hospital Council

Keep up with the happenings at Methodist Mansfield on social media.

